# 10 TIPS TO & SUCCESSFUL SOPHOMORE YEAR:

#### TIP #1 TAKE PSAT!

Taking the PSAT seriously is a great way to practice before the official test. Use your results to focus on subjects that you did not test high in.

## TIP #2 EXPLORE CAREERS & MAJORS.

Exposing yourself, learning, and being open minded about different opportunities throughout the school year will open many doors for your senior year.

## TIP #3 GET INVOLVED!

Join clubs, sports, or even start your own club. Colleges will want to see that you are well-rounded and involved within the community.

• Ex: service learning, after school jobs, volunteering.

## TIP #4 KNOW YOUR COUNSELING TEAM.

Last name A – D: Mr. Crawford

Last name E - K: Ms. Bunting

Last name: L - RI: Mrs. Elliott

Last name: Ro-Z: Mrs. Guthrie-Stuart

Counseling Secretary: Mrs. Wyrick

# TIP #5 ASK QUESTIONS!

Do not be afraid to ask for help. Whether you need tutoring or questions about anything, there are plenty of staff members willing to help.

#### TIP #6 DO RESEARCH!

Are you interested in the Military, classes at Weaver Academy, obtaining an internship, or Guilford County Apprenticeship Program?

Learn more about these opportunities by emailing Mrs. Smith (smithL2@gcsnc.com)

TIP #7 REMOVE DISTRACTIONS.

SOPHOMORE YEAR

(Class of 2027)

Remove distractions and limit your phone time during instructional, study, and homework time. Keep yourself motivated by taking brain breaks to help you retain information and reduce stress and anxiety.

# TIP #8RECORD YOUR ACCOMPLISHMENTS.

Create a list of all your achievements that you received in <u>High School</u>. This is a wonderful way to keep track of and record your achievements when you need a letter of recommendation or applying for scholarships.

Talk to your counselor about best resume practices.

# TIP #9 UPDATE YOUR CFNC ACCOUNT.

Login into your CFNC account and familiarize yourself with the website and the steps to prepare for the college process (which starts your junior year).

- Start researching scholarships, colleges, and even play a game.
  - Reality check allows students to estimate the income necessary to support their desired lifestyle.

## TIP #10 EXPLORE SUMMER/ENRICHMENT OPPORTUNITIES.

Explore the counseling department enrichment and summer opportunities tab.

 You will find programs and opportunities to experience living on a college campus, traveling to different states, or volunteering opportunities.

